Serving all of North Dakota &	Serving all of North Dakota &
western Minnesota. Giving Help &	western Minnesota. Giving Help &
Hope through:	Hope through:
Dial or text 988 for the suicide and crisis lifeline	Dial or text 988 for the suicide and crisis lifeline
Dial 211 for information and community resources	Dial 211 for information and community resources
On-going support through the Care and Support Program	On-going support through the Care and Support Program
Provides education and awarenss training	Provides education and awarenss training
myfirstlink.org	myfirstlink.org
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