



Call or text **9-8-8** for the  
**Suicide & Crisis Lifeline**

[myfirstlink.org](http://myfirstlink.org)

Call **2-1-1** for information  
& community resources



On-going support through  
the **Care & Support Program**



Provides education  
& awareness training

**FirstLink**



# Find hope today.

988 Suicide & Crisis Lifeline is answered locally by FirstLink.

[myfirstlink.org](http://myfirstlink.org)



United Way of Cass-Clay



Behavioral Health  
HEALTH & HUMAN SERVICES